

10 WAYS TO BE ACTIVE ALONG THE RED RIVER



1. Canoe or Kayak

- Rent kayaks at Lindenwood Park in Fargo. Learn more at fargoparks.com/Lindenwood-rentals
- Rental Shack at Hjemkomst Landing in Moorhead
 - Rent a canoe or kayak
 - Register for a River Paddling Excursion. Go on a guided canoe and kayak tour of the river.
 - Learn more (Pre-registration is required for River Paddling Excursions) at moorheadparks.com/on-the-river
 - Project Partners: Moorhead Parks and Recreation and River Keepers
- Volunteer at River Keepers On-the-Water Clean Up
 - Participants must be comfortable in a canoe and be willing to get dirty.
 - August 4 (backup August 11) from 6–8 pm
 - Pre-registration required. Email Kimberly@riverkeepers.org
- Participate in River Keepers Race the Red
 - Canoe and kayak races with multiple distances. All skill levels welcome. Registration encouraged.
 - June 23 at 6:30 pm (Back up July 21)
 - Register on Eventbrite

2. Boating

- Utilize the boat launches in Fargo and Moorhead for your next boating adventure.
- Fargo: Dike East, Iwen Park
- Moorhead: M.B. Johnson Park

Safety Tips for Having Fun on the Red River Safety is your responsibility. Before going out, read these tips:



FM Water Trail Map: FM Water Trail Map has information on access (including ADA), pedestrian bridges, river miles, portages around dams, safety and more.



3. Fish

- The Red River has over 80 species of fish!
- Attend River Keepers Youth Fishing Clinics. Free.
 - Lil Anglers Fishing Clinic & Derby on June 18 from 5:30–7:30 pm at Dike East Park
 - Project Partners: FM Walleyes



Guide to Fishing the Red River



- Shore Fishing
 - There are many places to fish from the banks in Fargo and Moorhead.

4. Disc Golf

- Fargo: Trollwood, Oak Grove, and Iwen Park
- Moorhead: Woodlawn Park
- Cass Clay Disc Golf Club on Facebook

5. Golf Along the River

- Public golf courses at Edgewood and El Zagal, Fargo
- Catfish Cup Golf Scramble.
 - Support River Keepers while golfing. Registration required.
 - June 9 at noon at Edgewood



River Keepers Golf Scramble



6. Camp

- Lindenwood Park, Fargo



7. Read Interpretive Signs

- Take a relaxing walk and learn about the Red River by reading interpretive signs
- Moorhead: Along the Moorhead River Corridor Trail and M.B. Johnson Park
- Fargo: Downtown, Wildflower Grove Park

8. Find Red River Geocaches

- Learn fun facts about the Red River by finding River Keepers geocaches and then continue your adventure with the many other caches along the river.



River Keepers Geocaches & Scavenger Hunts

9. Watch Wildlife

- Go on a scavenger hunt to try and find signs of animals using your senses.
 - Use River Keepers scavenger hunts to expand awareness for the river landscape, flora, and fauna.
- Bird watch or participate in Bird Counts
 - Learn more at Dakota.audubon.org



10. Ride a Bike

- Rent bikes at Lindenwood Park, Fargo
- 10 miles of single lane bike dirt trails near the river. Follow FM Trailbuilders on Facebook for trail conditions.
- Paved riverfront trails in Fargo and Moorhead run through many parks with beautiful scenery.



FM Metro Bikeways Map

RIVERFRONT PARK CHALLENGE

Visit all the riverfront parks in Fargo/Moorhead! Check off each one below, take pictures and tag River Keepers on Facebook or Instagram!

Fargo Parks:

- | | |
|---|--|
| <input type="checkbox"/> Burdick | <input type="checkbox"/> Lions Conservancy |
| <input type="checkbox"/> Dike East | <input type="checkbox"/> Mickelson |
| <input type="checkbox"/> Forest River | <input type="checkbox"/> Oak Grove |
| <input type="checkbox"/> Heritage Hills | <input type="checkbox"/> Orchard Glen |
| <input type="checkbox"/> Holm Park | <input type="checkbox"/> Statue of Liberty |
| <input type="checkbox"/> Iwen Park | <input type="checkbox"/> Trefoil |
| <input type="checkbox"/> Lemke | <input type="checkbox"/> Trollwood |
| <input type="checkbox"/> Lindenwood | <input type="checkbox"/> Wildflower Grove |

Moorhead Parks:

- | | |
|---|--------------------------------------|
| <input type="checkbox"/> Davy/Memorial | <input type="checkbox"/> River Oaks |
| <input type="checkbox"/> Gooseberry Mound | <input type="checkbox"/> Riverfront |
| <input type="checkbox"/> Horn | <input type="checkbox"/> Viking Ship |
| <input type="checkbox"/> M.B. Johnson | <input type="checkbox"/> Woodlawn |
| <input type="checkbox"/> Original Homestead | |

WINTER FUN

- Groomed trails for skiing and snowshoeing
 - Fargo: Dike East, Lindenwood, Forest River Park, and more!
 - Moorhead: Gooseberry Mound, Homestead Trail, M.B. Johnson, River Oaks, Viking Ship and Woodlawn Parks
- Ski and snowshoe rentals
- Winter Solstice Walk
 - Celebrate the longest night of the year by participating in a nighttime luminary walk
 - December 21, 5:30–8 pm at M.B. Johnson Park
 - Project Partners: River Keepers and Moorhead Parks and Recreation
- Frostival
 - A winter celebration with indoor and outdoor events for all
 - Register for River Keepers Interpretive Snowshoe Hike at Viking Ship Park
 - More information: frostival.com

WAYS TO ENJOY THE RED RIVER IN FARGO-MOORHEAD



Photo Credit: Danelle Hanson

With the Red River flowing through Fargo and Moorhead, there are many ways you can ENJOY this important resource in every season without having to travel far. Hike, bike, relax and explore while enjoying all the riverfront has to offer.

PARK INFORMATION

The riverfront parks have a lot more to offer! Stay up to date on the park amenities by going online:

Fargo Parks:



Moorhead Parks



ORGANIZATIONS MENTIONED

Check out these organizations for more ideas and other ways to enjoy the Red River:



GREAT PLAINS



VOLUNTEER WITH RIVER KEEPERS

- There are many other ways to help people learn, sustain and enjoy the Red River such as planting trees, teaching youth how to fish, picking up trash, etc.
- More information: riverkeepers.org/volunteer/



OUR MISSION:
Advocating for safe and sustainable use of the Red River of the North